

6 DEVASTATING MISTAKES WOMEN MAKE WHEN TRYING TO ATTRACT A MAN



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Introduction

If you are like many single women, finding a high quality man to share a committed loving relationship with is a top priority.

Yet many women end up sabotaging themselves before they get past the first few dates.

They may lower their expectations and date lower quality men so they at least can look forward to a few dates, even if they aren't spectacular.

Or they may think they found "The One" and try to speed up the pace to get him to commit.

With so many sources for dating advice, such as "The Rules" and other commitment-focused books out there, it can be difficult to know what you are doing "right" or "wrong" when it comes to attracting and keeping a quality man.

In this guide, you will learn what I consider the six crucial mistakes women make on the dating scene that may drive men away.

Mistake #1 - Trying Too Hard

One of the biggest turnoffs for men is when a woman “tries too hard” with him. This often happens when a woman wants to date a particular man, so she tries to do lots of little things to show she’s interested. Some examples include:

- always being available in case he wants to make plans “tonight”
- blowing off or ignoring things that bother her
- accepting behaviors she isn’t comfortable with because she doesn’t want to “rock the boat”
- predicting what he might like and then doing it for him
- constantly doing lots of little things to “show she cares”
- taking on a new personality or similar interests so he will like her more

A few small hints of affection aren’t necessarily bad when beginning any new dating situation, but men like to be the pursuers. When a man feels you are trying too hard to win his affection, he starts to wonder why you are putting in so much effort. Are you compensating for something? Maybe you aren’t such a good catch if you are the one doing the chasing.

While I don’t advocate game playing, those early stages of dating are crucial to setting the stage for a healthy relationship. Women like to please others by “doing” stuff for them. That can often translate into “If I do this for him, he will like me more.” In other words, she wants to make a good impression so he will validate her and show her more attention.

Unfortunately, this strategy often backfires.

When the woman tries too hard, it is often because she is insecure about her own attractiveness and worth. Men see this behavior and can tell she’s not being authentic and her behavior feels manipulative.

Rather than “trying too hard” to please him, take a step back and ask yourself why you are acting the way you are. What are your motivations? Is it because you want to “make” him like you more? Is it because you want to be “in control” of how things develop?

If you do something expecting him to act a certain way because of your actions, and then he does something completely different, will you be angry or hurt?

If you want to attract a man that will genuinely be compatible with you, you must put aside your desire to be “in control” all the time and let things develop in their own time. Let go of the fear and accept reality as it is rather than how you wish it to be. Enjoy where things are “right now.”

Yes, it can be scary but if you aren't honest, you run the risk of making a bad impression on a potentially good partner or building a relationship upon a false persona rather than your authentic self.

Mistake #2 - Playing Hard To Get

Playing "hard to get" is a common dating practice many dating gurus advise when you are looking to find the right partner for a long-term, committed relationship. Many of the guidelines involve not initiating conversation with a man, pretending to be busier than you actually are, and not returning phone calls.

In contrast, some advice takes the extreme approach and suggests you pursue the men you are interested in by asking guys out, spending hours on the phone, and laying your cards on the table upfront about "not wanting to waste time on game-playing" so you want to know where you stand when you first start dating.

Neither of these approaches will help you find the right man.

One of the biggest turnoffs to men is when you approach dating as a means to an end as if every guy is potentially "The One" who will become your soulmate and the father of your children. Rather than have fun on dates, some women approach dating so seriously their first date feels more like a job interview for the position of "boyfriend" in their life rather than genuinely getting to know a person to see if he is a right fit.

So they "test" every man they date to see how he reacts when they play "hard to get." If you make it virtually impossible to see you, will he make more of an effort to win you over?

The truth is that yes, in general, men prefer women who have a fun, fulfilling life without them. They want to find a woman who isn't clingy and doesn't sit by the phone waiting for them to call because she is so busy enjoying her life. They want to be the pursuers because when the woman is initiating all the interactions, it screams of desperation and that they have no other options available.

On the other hand, if you are deliberately trying to manipulate and "test" a man to see if he is really into you, he will quickly see through your act.

So what should you do? The key to attracting quality men is to be your real, authentic self. Don't pursue him. Don't be constantly available. But don't fake being busy or letting his phone calls go to voicemail to give the "right impression."

The key isn't to manipulate a man into giving you what you want - a "relationship" - because that will only set you up for failure down the road. You can't sustain game-playing long-term. Eventually, he will see you aren't the woman you first appeared to be and he will wonder what happened. Was it all a lie?

So, before you take any action with a man such as calling him up, texting, or asking him out, ask yourself: what is my motivation? If your motivation is fear-based, such as you are afraid he's losing interest or might leave if you don't pressure him to commit, don't take that action!

Rather, shift your attention to you and your life. Focus your attention around hobbies and activities you are passionate about so you do have that fulfilling life regardless of whether you are single or in a relationship.

This takes the focus off finding that "perfect" relationship and doing all the things you think you "should" do to be the perfect girlfriend because you are no longer looking for a relationship to "complete" you. You are already complete.

A man won't fill the missing pieces of your life. It is your responsibility to build an exciting, fulfilling life, which will, in turn, help you attract the kind of quality man you are looking for.

Mistake #3 - Focusing on Being the "Perfect" Girlfriend

Being single and dating can be frustrating if you are looking for that perfect relationship. Not only do you have to find the right type of men to date, you also have everyone and their mother offering you advice on how to catch and keep a man.

With so much pressure on finding "The One," it's easy to fall into the trap of trying to be someone you are not to land the right man.

But what happens when you go on a few dates with someone and really start to like them? The butterflies and great conversations are there. "This guy has potential," you think.

So you start to shower him with affection and do lots of little things to show that you care. You try to make everything "perfect" so that he will see you as a great catch and want to start a long-term, committed relationship with you.

Unfortunately, the "perfect" girlfriend doesn't exist. As humans, we are imperfect by nature and make mistakes. Even if you could keep up the show for him for a while, eventually, you would reveal your true colors.

So what happens when you do make a mistake?

A lot of women beat themselves up. They wonder why they said or did what they did. They try to take it back. They apologize profusely. And they let their inner critic berate them for doing something stupid.

In any relationship, whether romantic or otherwise, you will make mistakes. Instead of beating yourself up about it, be kind to yourself. Take a deep breath and relax. Know that it's not the end of the world and it's ok to make mistakes.

Then, laugh about it. Attractive, self-confident women know that it's OK to make a fool of themselves once in a while. It happens. How your man responds to your "mistake" will depend on how you react.

If you become embarrassed, shy, or nervous, he may withdraw. But if you have the ability to laugh it off and be amused by your own behavior, it allows you both to relax.

You also show your guy that you are secure enough to accept yourself for who you really are and that you aren't a high-maintenance woman who can't joke about silly things.

Confident women don't need for everything to go perfectly. They are OK with just being in the moment and accepting whatever happens. It's an incredibly empowering trait and a huge turn-on for men.

Mistake #4 - Being Too Nice

One of the most prominent beliefs women have about dating is that they should be "nice girls" - the kind of women who are willing to make a commitment to make their relationship the biggest priority in their lives. They are happy to put their man first and devote considerable time and attention to growing their relationship. They try to be agreeable and take their man's wants and needs to heart whenever they make any decision so the relationship is as smooth and conflict-free as possible.

Unfortunately, men have a different idea of what a "nice girl" is. When men think of "nice girls," they think of someone who has no life of her own and who can't make decisions for herself. She's a girl who doesn't know what she wants, doesn't have much self confidence, and who welcomes a relationship with any guy who wants her. She isn't much of a challenge because she's willing to drop everything if he needs her and she will bend over backwards at his beck and call.

Some women approach relationships as the subservient partner. They let their man take the

reins over who she is, who she interacts with, and what she does. Sometimes they will even stop doing things they enjoy because their man doesn't want her to continue. They start to dress in the way their man wants them to. They take up his interests and hobbies. And they support him in his life goals - to the detriment of their own self-image and personal goals.

The problem with this approach lies in self-respect. If you are willing to do what it takes to "make a relationship work" with any old guy - to the point where you compromise your interests - you are giving away your power. And no one can respect someone who doesn't respect herself.

Respect is a crucial component to any healthy relationship, and without it, the relationship dies.

The truth is that quality men don't want to take control of your life. They want an engaging, positive woman who runs her own life, and whom they can spend time with.

It is absolutely essential to put yourself first, voice your own opinions, and pursue your dreams.

We teach others how to treat us by the way we treat ourselves. The more you exude uncertainty, criticism, and doubt, the more likely you will attract others to you who will walk all over you. They act by example. If you don't respect yourselves, no one else will.

The solution to this problem is to develop a healthy disregard of what other people think. Yes, sometimes another person's feedback is helpful and constructive, but if you constantly assess your own worth based on what other people think, what the media deems as the "perfect" woman, or how others define "success," you are setting yourself up for failure.

No matter what you do, you won't be able to please everyone. And the more you try to please everyone, the more you ignore your own needs and wants.

Instead of spending all your time focusing on who your parents, friends, dates, coworkers and others think you should be, respect yourself enough to follow your dreams and prioritize your passions. It's your responsibility look out for your own best interests.

Mistake #5 - Too Much Complaining and Negativity

Women tend to communicate and connect by talking. Yet, often, the conversation quickly turns into a complaining session. How many times have you started a conversation by discussing what was wrong with your life or how bad something was?

For instance, you talk about how you “hate Mondays” or had the “worst experience” at a restaurant or how lazy the guy you have been seeing is. Gripe and gossip sessions are common ways women to bond with each other.

One reason they are so common is that they give you a way to relate to others. Everyone has felt outrage at one point in their lives. Women, in particular, love reading about the shortcomings of celebrities and how “ridiculous” they act. So it is quite easy to start a conversation based on negativity.

But if you think about it, this negativity is really a way to make your ego feel superior. When you gossip, you are really saying that sure, those celebrities may be rich and beautiful, but their behavior is atrocious. You would never act like that!

Or you can't believe that woman is wearing that outfit. Surely she didn't look at herself in the mirror. You would never wear something like that!

The problem is that negativity breeds more negativity, which is detrimental to your relationships. If you are willing to gossip and complain about every little thing that goes wrong, your date will wonder if you are ever happy.

No one wants to be around someone who complains all the time. It's an energy drain and negativity is just not attractive. And it leads to the impression that your date will soon be the focus of your criticisms, and there are few things men hate worse than nagging girlfriends (or wives)!

So make the conscious choice to be positive. Whenever you find yourself complaining, stop yourself. Focus on what is going well with your life, what you are passionate about, or wonderful experiences you have had.

You don't need to be a shameless self-promoter or be overly happy or upbeat. Just be in the moment and focus on being present and authentic. Allow the conversation to develop naturally, without the overt sarcasm or toxicity that complaining brings to the table.

When you do this, your dates will leave with a much more positive impression. Wouldn't you rather be known as someone who is uplifting and passionate about life?

Mistake #6 - Being Needy

One of the most unattractive characteristics in people is neediness. It may seem counterintuitive but the more you need someone or something, the less likely you are to actually get that person or thing.

It's OK to want something. It's not OK when you feel like your entire existence depends on whether you have something or are in a relationship with someone.

Neediness means you feel like you need a man or a relationship to full or "complete" you. You don't just want someone because you love them for who they are and value their company. You want them to do something for you - like fulfill a lack or hole you feel your life is missing.

Too often, women think that a relationship with the right man will magically transform their life. If they only had that relationship, they would be happy. So when you interact with a man, you try to manipulate or control him in some way.

This might lead to doing little things for him early on in the relationship to make him want you, having sex with him on the first date - not because you want to - because you think he wants that, always being available to talk or see him, ignoring the things that bother you rather than calling him on his behavior, or suddenly becoming passionate about his interests so you have something to talk about.

The problem with these things are that you are only doing them because you have an agenda. You want him to like you more so that you can move the relationship to a more committed level. Maybe you desire to get married in the next five years or your biological clock is ticking and you don't want to waste time on men who won't commit. Maybe your parents keep bugging you about settling down or your last single friend just got married. Maybe you want a man to help you feel financially secure or more adventurous.

Instead of letting the relationship develop in its own time, you try to guide it according to your wishes.

Healthy and fulfilling relationships, on the other hand, happen when each person voluntarily chooses to be each other because they respect, admire and are grateful for that person's influence in their lives. They don't "need" anything from the other person because they are already fulfilled. They take responsibility for their own happiness.

This may sound difficult or scary at first. When our needs aren't being fulfilled, it is an opportunity for personal growth and that requires changing our behaviors. Yet, often, our first reaction to feeling incomplete or like we are missing out on something is to look outside ourselves - can we find something or someone that can temporarily make us feel better?

Some people use food, sex, drugs, alcohol, shopping, gambling and other vices to satiate themselves, but these are short-term fixes at best. The next morning, you wake up with a hangover or regret spending so much money or eating too much junk food and feel even worse.

The long-term solution is self-improvement which is usually personally challenging and is often accompanied by emotional resistance. Our emotions want to keep us stuck because we are afraid of taking responsibility for ourselves.

But when we overcome our personal challenges, we feel a great sense of personal accomplishment and empowerment. We no longer need others to change so that we feel better. We hold the key to making ourselves feel better.

The next time you feel like you absolutely have to have someone or something, stop and become aware of that feeling.

Then, practice gratitude. Instead of trying to manipulate your man or use him to fulfill your needs, appreciate him for who he “is” rather than what he can “do” for you.

By practicing gratitude, you will find you are less “needy” and more focused on what you have and are grateful for - not what you feel you lack.

Learn How To Become Irresistible to Men

When it comes to relationships, everyone has an opinion. Your mother. Your best friend. Your hairdresser.

But when it comes to opinions that count, you can't afford NOT to be choosy. Following what everyone else does will get you the same results as everyone else. And going by the divorce rate and the number of singles still searching for love, what everyone else is doing is not working too well.

That's where Amy Waterman comes in. She's a recognized relationship expert and writer who's well-known for her online courses and ebooks. She realizes that not everyone has the time to research the best quality information on finding a relationship and keeping it ... let alone strengthening it in the face of challenges like infidelity, money, communication, stress, or simply falling out of love.

That's why you need to check out Amy's relationship ebooks and online courses. They're your quick, easy, and EFFECTIVE answer to your relationship problems.

Amy keeps up to date on the latest research to deliver you the best, scientifically-proven methods for finding new relationships and rekindling old ones. She's done the research so that you don't have to.

Best of all, her techniques are easy to understand and easier to follow. With an M.A. in writing and international speaking experience, Amy has a knack for providing the advice you need at just the right time.

If you want Real advice and solutions to your relationship problems, I strongly recommend Amy's [How to be Irresistible to Men](#), a multimedia dating and relationships course that outlines all the things so many women do wrong when meeting a man, and gives the reader tips and techniques to use their charisma and femininity to tantalize and seduce a man without coming across as pushy or brazen.



Amy's comprehensive video, audio, and e-book package leads the reader through the minefield that has become modern dating. There are so many people offering advice on so many different areas of getting and keeping a man that it's hard to tell the good information from the bad. Amy's tips and techniques have been tried and tested extensively, so you can rest assured her advice will be good for you! It's hard enough to find a fantastic man without jeopardizing your chances of keeping him with bad advice! Your friends may mean well when they offer advice, but the truth is that advice from your friends is simply not solid, expert advice that is proven to get you the right relationship for the long-term.

Amy's methods are refreshing because the techniques she gives you don't compromise your character or sense of self respect. It's not about manipulating men or pretending to be something you aren't. In fact, it's about going deep within yourself to discover the confidence, irresistibility, and courage to flirt, chat, and interact successfully with any man. Amy doesn't try to make you into someone you're not. Rather, she offers you advice to bring out the gorgeous seductress within you and never allow shyness or past experiences to get in your way again.

Amy teaches you how to:

- Be more confident and feminine
- Overcome shyness and self-doubt
- Find Mr. Right amid a sea of Mr. Wrongs
- Attract men in a way that suits any woman - no matter what her age!
- Keep the fires burning in your relationship

Anyone who has despaired at her lack of success may be unable to examine the real reasons things have gone wrong, because nobody has told her the mistakes she has been making! The first time that most women know that things are not really working is when the guy never calls back. Men certainly don't hardly ever tell you when you have done something wrong, let alone offer you

the opportunity to correct yourself!

Amy takes all the mystery out of it by identifying common mistakes that you should be aware of, as well as identifying areas that you can concentrate on to maximize on your abilities to attract that man you want. There are different sorts of women that men go for, and if you want to be the type that a quality man wants to have a relationship with, then you need to know what he is looking for. Amy shows you how.

Her [flagship 2-hour online video course](#) comes with a treasure chest of extras and bonuses to further maximize your chances! When you purchase this package you get:



- “ How to be Irresistible to Men” Video Course Workbook
- Sarah Paul’s Original “How to be Irresistible to Men” eBook
- “Overcoming Shyness in Dating” eBook
- “Surviving a Breakup” Audio Series
- 160-minutes Video Library - Watch online!
- Access to a Members-Only Dating & Relationships Forum
- Personal Email Consultation

I truly believe that Amy has covered all the areas of relationships, from the dating dilemma to making any relationship work this time around. She does this in a highly informative and comprehensive fashion that women will love. Amy really has done all of us a huge service in creating this product.

But don’t just take my word for it. Take a look for yourself! Get a head start on your competition and check out this great site. I’m sure you will be as impressed as I was.

[Click here to learn how to become Irresistible to Men!](#)